

Empower Your Possible Symposium Unites Care Community

The [Maryland Long-Term Care Ombudsman](#) program, in partnership with AgingIn, recently concluded "Empower Your Possible," a dynamic four-part symposium designed to unite and inspire the care community and build a relationship-rich future for Maryland's long-term care residents.



Maryland
Long-Term Care
Ombudsman Program

"This symposium invited us to pause and listen deeply to the voices of residents and the direct care partners who support them," said Maryland Long-Term Care Ombudsman Karrie Craig. "It was a challenge to question what's 'normal' and to make room for dignity and connection in everyday care."

Serving as a hands-on complement to LRM, the series brought together 192 participants—including providers, ombudsmen, and surveyors. It featured keynote speakers and practical tools, challenging attendees to rethink long-term care by addressing "institutional defaults," centering resident and staff voices, and utilizing the Artifacts of Culture Change framework.

The interactive series has already yielded results, including the development of a new statewide culture change coalition and new in-service trainings at nursing homes. Learn more at AgingInnovation.org.